



# Preventive Health Coverage

- This is a guide to what your health plan will pay at no cost to you under preventive coverage and is not meant to inform what should be offered to you. The immunizations, screenings, and services that you should be offered are determined by your provider. The health plan coverage considered the medical literature that supports what immunizations, screenings, and services are recommended by national organizations.

## ▶ Birth to 2 Years Page 1 of 2

### Wellness exams and immunizations

**Well-baby/well-child/well-person exams**..... Birth, 1, 2, 4, 6, 9, 12, 15, 18, 24 and 30 months  
 Additional visit at 3-5 days after birth and within 72 hours after discharge

includes height, weight, head circumference, BMI, history, anticipatory guidance, education regarding risk reduction, psychological/behavioral assessment. Note: There may be member cost sharing for some services dependent on your benefit plan.

- Diphtheria, tetanus toxoids and acellular pertussis (DTaP)** Birth, 1, 2, 4, 6, 9
- Haemophilus influenza type b conjugate (Hib)** ..... 2, 4 and 6 months and 12-15 months
- Hepatitis A (HepA)** ..... 12-23 months
- Hepatitis B (HepB)** ..... At birth, 1-4 months and 6-18 months
- Influenza Vaccine** ..... Annually at 6 months
- Measles, mumps and rubella (MMR)** ..... Ages 12-15 months (first dose)
- Meningococcal (A,C,W,Y)** ..... Ages 2 months – 10 years per provider for special situations
- Pneumococcal (pneumonia)** ..... PCV 13: 2, 4 and 6 months and 12-15 months • PPSV 23: per provider
- Poliovirus (IPV)** ..... 2 and 4 months and 6-18 months
- Rotavirus** ..... RV 5 (3 doses) at 2, 4, and 6 months • RV 1 (2 doses) at 2 and 4 months
- Varicella (chickenpox)** ..... Ages 12-15 months (first dose)



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## ▶ Birth to 2 Years Page 2 of 2

### Health screenings and interventions

<b>Autism</b> .....	18, 24 months
<b>Cholesterol/lipid disorders</b> .....	Age 2 per provider
<b>Congenital hypothyroidism screening</b> .....	Birth
<b>Developmental screening</b> .....	9, 18 months
<b>Developmental surveillance</b> .....	Newborn, 1, 2, 4, 6, 12, 15, 24 months
<b>Diabetes care includes: HbA1c screening</b> .....	Per provider up to 4 times annually
<b>Microalbumin nephropathy screening</b> .....	Per provider up to 2 times annually
<b>Glucose screening, blood glucose, post glucose screening, oral glucose tolerance test</b> .....	Annually per provider
<b>Fluoride supplementation</b> .....	Ages 6m+: per provider
<b>Hearing screening: not complete hearing examination</b> .....	Birth, 3-5 days • Ages 4,6,9,12,15,18,24,30m: per provider
<b>Hemoglobin or hematocrit</b> .....	12 months • Ages 4, 15+m: per provider
<b>Iron supplementation</b> .....	Ages 6m+: per provider
<b>Lead screening</b> .....	Ages 12,24 months • Ages 6,9,18m: per provider
<b>Metabolic/hemoglobinopathies: according to state law</b> .....	Birth
<b>PKU screening</b> .....	Birth
<b>Prophylactic ocular (eye) medication to prevent blindness</b> .....	Birth
<b>Sickle cell disease screening</b> .....	Birth
<b>Tuberculin test</b> .....	Per provider
<b>Vision screening</b> .....	Per provider



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**▶ Ages 3 to 10 years** Page 1 of 2

## Wellness exams and immunizations

**Well-baby/well-child/well-person exams**..... Once a year  
 includes height, weight, head circumference, BMI, history, anticipatory guidance, education regarding risk reduction, psychological/behavioral assessment. Note: There may be member cost sharing for some services dependent on your benefit plan.

**Diphtheria, tetanus toxoids and acellular pertussis (DTaP)** Ages 4-6

**Hepatitis B (HepB)**..... Ages 3-10 if not previously immunized

**Human papillomavirus (HPV): limit 3 per lifetime**..... Ages 9-10 per provider

**Influenza vaccine**..... Annually 6 months through 18 years

**Measles, mumps and rubella (MMR)**..... Ages 4-6 (second dose) or 11 and 12 if not given earlier

**Meningococcal (A,C,W,Y)**..... Age 3-10 per provider **for special situations**

**Men B**..... Age 10

**Pneumococcal (pneumonia)**..... PPSV 23: per provider

**Poliovirus (IPV)**..... Ages 4-6

**Varicella (chickenpox)**..... Ages 4-6 (second dose)



# Preventive Health Coverage

## ▶ Ages 3 to 10 years Page 2 of 2

### Health screenings and interventions

<b>Blood pressure</b> .....	Annually
<b>Cholesterol/lipid disorders</b> .....	Age 10 • Ages 4, 6, 8, 9 per provider
<b>Developmental screening</b> .....	30 months
<b>Developmental surveillance</b> .....	Annually
<b>Diabetes care: includes HbA1c screening</b> .....	Per provider up to 4 times annually
<b>Microalbumin nephropathy screening</b> .....	Per provider up to 2 times annually
<b>Glucose screening, includes blood glucose, post glucose dose level, oral glucose tolerance test</b> .....	Annually per provider
<b>Fluoride supplementation</b> .....	Per provider
<b>Hearing screening: not complete hearing examination</b> .....	Ages: 4,5,6,8 and 10, • Ages 3,7,9: per provider
<b>Hemoglobin or hematocrit</b> .....	Ages 3+: per provider
<b>Labs - BMP, CMP, TSH, CBC, magnesium, Vitamin D</b> .....	Annually per provider (NOTE: General Health Panel includes CMP, TSH, CBC)
<b>Lead screening</b> .....	Ages 3-6: per provider
<b>Obesity screening and counseling</b> .....	Age 6+: per provider
<b>Tuberculin test</b> .....	Per provider
<b>Vision screening</b> .....	Ages: 3,4,5,6,8 and 10 • Other Ages: per provider



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**▶ Ages 11 to 21 years** Page 1 of 2

## Wellness exams and immunizations

<b>Well-baby/well-child/well-person exams</b> .....	Once a year
includes height, weight, head circumference, BMI, history, anticipatory guidance, education regarding risk reduction, psychological/behavioral assessment. Note: There may be member cost sharing for some services dependent on your benefit plan.	
<b>Diphtheria, tetanus toxoids and acellular pertussis (DTaP)</b> .....	Tetanus, diphtheria, acellular pertussis (Tdap) given once after age 11
<b>Hepatitis B (HepB)</b> .....	Ages 11-18 if not previously immunized
<b>Human papillomavirus (HPV): limit 3 per lifetime</b> .....	Ages 11-12, catch-up, ages 13-26
<b>Influenza vaccine</b> .....	Annually
<b>Measles, mumps and rubella (MMR)</b> .....	If not already immune
<b>Meningococcal (A,C,W,Y)</b> .....	All persons ages 11-18 (two doses if given before 16 years)
<b>Men B</b> .....	Age 16-21 up to 3 doses per provider
<b>Pneumococcal (pneumonia)</b> .....	Ages 19-64 • PCV 13 one dose per provider
<b>Poliovirus (IPV)</b> .....	Per provider
<b>Varicella (chickenpox)</b> .....	Age 13+: 2 doses if never vaccinated or never had chickenpox



# Preventive Health Coverage

## ▶ Ages 11 to 21 years Page 2 of 2

### Health screenings and interventions

<b>Alcohol, Drugs, &amp; Tobacco Assessments</b> .....	Ages 11+: per provider
<b>Blood pressure</b> .....	Annually
<b>Cholesterol/lipid disorders</b> .....	Age 20 • Ages 11-19: per provider
<b>Depression screening</b> .....	Ages 12-21
<b>Developmental surveillance</b> .....	Annually
<b>Diabetes care: includes HbA1c screening</b> .....	Per provider up to 4 times annually
<b>Microalbumin nephropathy screening</b> .....	Per provider up to 2 times annually
<b>Glucose screening, includes blood glucose, post glucose level, oral glucose tolerance test</b> .....	Annually per provider, Twice annually during pregnancy
<b>Fluoride supplementation</b> .....	Ages 11-16: per provider
<b>Hearing screening: not complete hearing examination</b> .....	Ages 13,16,20 • Ages 11-21: per provider
<b>Hemoglobin or hematocrit</b> .....	Ages 11+: per provider
<b>Hepatitis B Screening</b> .....	Per provider
<b>Hepatitis C Screening</b> .....	Per provider
<b>HIV Screening</b> .....	Per provider
<b>Labs - BMP, CMP, TSH, CBC, Magnesium, Vitamin D</b> .....	Annually per provider (NOTE: General Panel Includes, CMP, TSH, CBC)
<b>Nutrition counseling</b> .....	Adults with hyperlipidemia, those at risk for cardiovascular disease or diet- related chronic disease per provider
<b>Obesity screening and counseling</b> .....	Per provider
<b>Sexually transmitted infections (STI)</b> .....	Ages 11-21: per provider
<b>Syphilis Screening</b> .....	Per provider
<b>Tobacco use/cessation interventions</b> .....	All adults
<b>Tuberculin test</b> .....	Per provider
<b>Vision screening</b> .....	Ages: 12, Other • Ages: per provider



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**▶ Ages 22 and older** Page 1 of 2

## Wellness exams and immunizations

<b>Well-baby/well-child/well-person exams</b> .....	Periodic visits, depending on age includes height, weight, head circumference, BMI, history, anticipatory guidance, education regarding risk reduction, psychological/behavioral assessment. Note: There may be member cost sharing for some services dependent on your benefit plan.
<b>Diphtheria, tetanus toxoids and acellular pertussis (DTaP)</b> .....	Tetanus and diphtheria toxoids booster (Td) every 10 years; Tdap given once after age 11
<b>Hepatitis A (HepA)</b> .....	May be required for persons at risk
<b>Hepatitis B (HepB)</b> .....	May be required for persons at risk
<b>Human papillomavirus (HPV): limit 3 per lifetime</b> .....	Catch-up to age 46
<b>Influenza vaccine</b> .....	Annually
<b>Measles, mumps and rubella (MMR)</b> .....	Rubella for women of childbearing age if not immune, Age <63 1-2 doses per provider
<b>Meningococcal (A,C,W,Y)</b> .....	Per provider for special situations
<b>Men B</b> .....	Ages 22-25 up to 3 doses per provider
<b>Pneumococcal (pneumonia)</b> .....	Ages 65 and older PCV 13 one dose if not previously vaccinated PPSV 23 one dose at least one year after PCV 13 Revaccination per provider for those with risk factors.
<b>Poliovirus (IPV)</b> .....	Per provider
<b>Varicella (chickenpox)</b> .....	Age 13+: 2 doses if never vaccinated or never had chickenpox
<b>Zoster (Shingles)</b> .....	Ages 50 and older: two doses of recombinant vaccine Ages 60 and older: one dose of live vaccine per provider if can't tolerate recombinant vaccine



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## ▶ Ages 22 and older Page 2 of 2

### Health screenings and interventions

<b>Aortic Abdominal Aneurysm Screening</b> .....	Men ages 65-75 who have ever smoked; limited to one per lifetime
<b>Alcohol, Drugs, &amp; Tobacco Assessments</b> .....	All adults per provider
<b>Blood pressure</b> .....	Annually
<b>Cholesterol/lipid disorders</b> .....	Annually per provider
<b>Colon cancer screening</b> .....	The following tests will be covered for colorectal cancer screening, ages 45 -85 (or at any age if risk factors): 1. Fecal occult blood test (FOBT) or fecal immunochemical test (FIT) annually 2. Flexible sigmoidoscopy every 5 years 3. Colonoscopy every 10 years
<b>Depression screening</b> .....	Per provider
<b>Diabetes care: includes HbA1c screening</b> .....	<b>Per provider up to 4 times annually</b>
<b>Microalbumin nephropathy screening</b> .....	<b>Per provider up to 2 times annually</b>
<b>Glucose screening, includes blood glucose, post glucose level, oral glucose tolerance test</b> .....	<b>Annually per provider, Twice annually during pregnancy</b>
<b>Hemoglobin or hematocrit</b> .....	Per provider
<b>Hepatitis B Screening</b> .....	Per provider
<b>Hepatitis C Screening</b> .....	Per provider
<b>HIV Screening</b> .....	Per provider
<b>Labs - BMP, CMP, TSH, CBC, Magnesium, Vitamin D</b> .....	Annually per provider (NOTE: General Panel includes CMP, TSH, CBC)
<b>Lung Cancer Screening with Low Dose Computerized Tomography (LDCT)</b> .....	Adults Aged 55-80, with a 30 pack year history of smoking, are currently smoking or quit within the past 15 years. Stop screening once smoke-free for 15 years.
<b>Nutrition counseling</b> .....	Adults with hyperlipidemia, those at risk for cardiovascular disease or diet-related chronic disease per provider
<b>Obesity screening and counseling</b> .....	Per provider
<b>Prostate cancer screening (PSA)</b> .....	Men Ages 55-69: per provider
<b>Sexually transmitted infections (STI)</b> .....	Per provider
<b>Syphilis Screening</b> .....	Per provider
<b>Tobacco use/cessation interventions</b> .....	All adults
<b>Tuberculin test</b> .....	Per provider



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## ▶ Women's Health

Page 1 of 2

### Health screenings and interventions

<b>Anemia screening</b> .....	Pregnant women
<b>Bacteriuria screening</b> .....	Pregnant women in the 12th-16th week of gestation or during the first prenatal visit, if such a visit is later than the 12th-16th week period
<b>BRCA Risk Assessment and Genetic Counseling / Testing</b> .....	Per provider for women at increased risk for breast cancer based on family and personal history
<b>Breast cancer preventive medication counseling</b> .....	About potential benefits/risks for women at increased risk for breast cancer
<b>Breast cancer preventive medications</b> .....	Prescriptions for risk reducing medications (Tamoxifen, Raloxifene, Anastrozole, Exemestane, Letrozole) for women 35 years and older, who are at increased risk for breast cancer and don't currently have breast cancer, and are at low risk for adverse medication effects.
<b>Breast cancer screening (mammogram)</b> .....	Age 40+: up to annually, per provider (HRSA)
<b>Breastfeeding promotion</b> .....	During pregnancy and after birth
<b>Breastfeeding support, supplies and counseling</b> .....	Provide interventions during pregnancy and after birth to support breastfeeding, including rental costs for breastfeeding equipment.
<b>Cervical cancer screening</b> .....	Ages 21-65: Pap Test (Cytology) every 3 years or Ages 30-65: High Risk Human Papilloma Virus (hrhpv) DNA Testing with or without Pap Test (Cytology) every 5 years or Age 30+ with normal cytology, hrhpv DNA Testing every 3+ years (HRSA)
<b>Chlamydia screening</b> .....	Sexually active women ages 24 or younger, and older women per provider based on risk
<b>Contraceptive Methods &amp; Counseling</b> .....	All FDA approved methods and sterilizations procedures, and patient education per provider
<b>Culture for Group B strep</b> .....	Pregnant women
<b>Discussion/referral for counseling related to BRCA1/BRCA2 test</b> .....	Women at risk
<b>Discussion about potential benefits/risk of breast cancer preventive medication</b> .....	Women at risk
<b>Domestic Violence Screening &amp; Counseling</b> .....	Per provider



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## ▶ Women's Health Page 2 of 2

### Health screenings and interventions

<b>Folic acid supplementation: a written or oral prescription must be provided by a provider and presented to a preferred pharmacy or preferred mail order pharmacy for coverage by the plan</b> .....	Women planning or capable of pregnancy
<b>Gestational diabetes screening</b> .....	Pregnant women between 24 and 28 weeks of pregnancy and at the first prenatal visit for women at high risk
<b>Gonorrhea screening</b> .....	Sexually active women ages 24 and younger, and older women per provider based on risk
<b>Hepatitis B screening</b> .....	Pregnant women at first prenatal visit
<b>HIV Screening</b> .....	All pregnant women and annually for all sexually active women
<b>HIV counseling</b> .....	Annually for all sexually active women
<b>Osteoporosis (bone density) screening</b> .....	Age 65 and older and Age under 65 with increased risk of osteoporosis based on formal clinical risk assessment tool.
<b>Rh incompatibility test</b> .....	Rh (D) blood typing and antibody testing for all pregnant women during the first prenatal visit and a repeated Rh (D) antibody testing for all unsensitized Rh (D)-negative women at 24-28 weeks of gestation, as required
<b>Syphilis screening</b> .....	Pregnant women and women at risk
<b>Tobacco use/cessation interventions</b> .....	Pregnant women and other tobacco users
<b>Urine tests</b> .....	Pregnant women
<b>Vitamins and supplements</b> .....	Pregnant women
<b>Wellness</b> .....	Annual