



# Preventive Health Coverage

## ▶ Birth to 2 Years Page 1 of 2

### Wellness exams and immunizations

**Well-baby/well-child/well-person exams**..... Birth, 1, 2, 4, 6, 9, 12, 15, 18, 24 and 30 months  
 Additional visit at 3-5 days after birth and within 72 hours after discharge

includes height, weight, head circumference, BMI, history, anticipatory guidance, education regarding risk reduction, psychological/behavioral assessment. Note: There may be member cost sharing for some services dependent on your benefit plan.

**Diphtheria, tetanus toxoids and acellular pertussis (DTaP)** Birth, 1, 2, 4, 6, 9

**Haemophilus influenzae type b conjugate (Hib)** ..... 2, 4 and 6 months and 12-15 months

**Hepatitis A (HepA)** ..... 12-23 months

**Hepatitis B (HepB)** ..... At birth, 1-4 months and 6-18 months

**Measles, mumps and rubella (MMR)** ..... Ages 12-15 months (first dose)

**Meningococcal (MCV)** ..... Ages 2 months – 10 years per provider

**Pneumococcal (pneumonia)** ..... PCV 13: 2, 4 and 6 months and 12-15 months • PPSV 23: per provider

**Poliovirus (IPV)** ..... 2 and 4 months and 6-18 months

**Rotavirus** ..... RV 5 (3 doses) at 2, 4, and 6 months • RV 1 (2 doses) at 2 and 4 months

**Varicella (chickenpox)** ..... Ages 12-15 months (first dose)



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### Health screenings and interventions

<b>Autism</b> .....	18, 24 months
<b>Cholesterol/lipid disorders</b> .....	Age 2 per provider
<b>Congenital hypothyroidism screening</b> .....	Birth
<b>Developmental screening</b> .....	9, 18 months
<b>Developmental surveillance</b> .....	Newborn, 1, 2, 4, 6, 12, 15, 24 months
<b>Diabetes care: includes HbA1c screening, LDL-C screening and nephropathy screening</b> .....	Per provider
<b>Fluoride supplementation</b> .....	Ages 6m+: per provider
<b>Hearing screening: not complete hearing examination</b> .....	Birth, 3-5 days • Ages 4,6,9,12,15,18,24,30m: per provider
<b>Hemoglobin or hematocrit</b> .....	12 months • Ages 4, 15+m: per provider
<b>Iron supplementation</b> .....	Ages 6m+: per provider
<b>Lead screening</b> .....	Ages 12,24 months • Ages 6,9,18m: per provider
<b>Metabolic/hemoglobinopathies: according to state law</b> .....	Birth
<b>PKU screening</b> .....	Birth
<b>Prophylactic ocular (eye) medication to prevent blindness</b> .....	Birth
<b>Sickle cell disease screening</b> .....	Birth
<b>Tuberculin test</b> .....	Per provider
<b>Vision screening</b> .....	Per provider



# Preventive Health Coverage

## ▶ Ages 3 to 10 years Page 1 of 2

### Wellness exams and immunizations

**Well-baby/well-child/well-person exams**..... Once a year  
includes height, weight, head circumference, BMI, history, anticipatory guidance, education regarding risk reduction, psychological/behavioral assessment. Note: There may be member cost sharing for some services dependent on your benefit plan.

**Diphtheria, tetanus toxoids and acellular pertussis (DTaP)** Ages 4-6

**Hepatitis B (HepB)**..... Ages 3-10 if not previously immunized

**Human papillomavirus (HPV): limit 3 per lifetime**..... Ages 9-10 per provider

**Influenza vaccine**..... Annually 6 months through 18 years

**Measles, mumps and rubella (MMR)**..... Ages 4-6 (second dose) or 11 and 12 if not given earlier

**Men B**..... Age 10 per provider

**Pneumococcal (pneumonia)**..... PPSV 23: per provider

**Poliovirus (IPV)**..... Ages 4-6

**Varicella (chickenpox)**..... Ages 4-6 (second dose)



# Preventive Health Coverage

## ▶ Ages 3 to 10 years Page 2 of 2

### Health screenings and interventions

<b>Blood pressure</b> .....	Annually
<b>Cholesterol/lipid disorders</b> .....	Age 10 • Ages 4, 6, 8, 9 per provider
<b>Developmental screening</b> .....	30 months
<b>Developmental surveillance</b> .....	Annually
<b>Diabetes care: includes HbA1c screening, LDL-C screening and nephropathy screening</b> .....	Per provider
<b>Fluoride supplementation</b> .....	Per provider
<b>Hearing screening: not complete hearing examination</b> .....	Ages: 4,5,6,8 and 10, • Ages 3,7,9: per provider
<b>Hemoglobin or hematocrit</b> .....	Ages 3+: per provider
<b>Labs - BMP, CMP, TSH, CBC</b> .....	Per provider
<b>Lead screening</b> .....	Ages 3-6: per provider
<b>Obesity screening and counseling</b> .....	Age 6+: per provider
<b>Tuberculin test</b> .....	Per provider
<b>Vision screening</b> .....	Ages: 3,4,5,6,8 and 10 • Other Ages: per provider



# Preventive Health Coverage

## ▶ Ages 11 to 21 years Page 1 of 2

### Wellness exams and immunizations

- Well-baby/well-child/well-person exams**..... Once a year  
includes height, weight, head circumference, BMI, history, anticipatory guidance, education regarding risk reduction, psychological/behavioral assessment. Note: There may be member cost sharing for some services dependent on your benefit plan.
- Diphtheria, tetanus toxoids and acellular pertussis (DTaP)** Tetanus, diphtheria, acellular pertussis (Tdap) given once, ages 11-64
- Hepatitis B (HepB)**..... Ages 11-18 if not previously immunized
- Human papillomavirus (HPV): limit 3 per lifetime**..... Ages 11-12, catch-up, ages 13-26
- Influenza vaccine**..... Ages 19+ annually
- Measles, mumps and rubella (MMR)**..... If not already immune
- Meningococcal (MCV)**..... All persons ages 11-18 (two doses if given before 16 years)
- Men B**..... Per provider
- Pneumococcal (pneumonia)**..... Ages 19-64 • PCV 13 one dose per provider
- Poliovirus (IPV)**..... Per provider
- Varicella (chickenpox)**..... Age 13+: 2 doses if never vaccinated or never had chickenpox



# Preventive Health Coverage

## ▶ Ages 11 to 21 years Page 2 of 2

### Health screenings and interventions

<b>Alcohol, Drugs, &amp; Tobacco Assessments</b> .....	Ages 11+: per provider
<b>Blood pressure</b> .....	Annually
<b>Cholesterol/lipid disorders</b> .....	Age 20 • Ages 11-19: per provider
<b>Depression screening</b> .....	Ages 12-21
<b>Developmental surveillance</b> .....	Annually
<b>Diabetes care: includes HbA1c screening, LDL-C screening and nephropathy screening</b> .....	Per provider
<b>Fluoride supplementation</b> .....	Ages 11-16: per provider
<b>Hearing screening: not complete hearing examination</b> .....	Ages 13,16,20 • Ages 11-21: per provider
<b>Hemoglobin or hematocrit</b> .....	Ages 11+: per provider
<b>Hepatitis B Screening</b> .....	Per provider
<b>Hepatitis C Screening</b> .....	Age 17 • Ages 11-21: per provider
<b>HIV Screening</b> .....	Age 17 • Ages 11-21: per provider
<b>Labs - BMP, CMP, TSH, CBC</b> .....	Per provider
<b>Nutrition counseling</b> .....	Adults with hyperlipidemia, those at risk for cardiovascular disease or diet- related chronic disease per provider
<b>Obesity screening and counseling</b> .....	Age 6+: per provider
<b>Sexually transmitted infections (STI)</b> .....	Ages 11-21: per provider
<b>Syphilis Screening</b> .....	Per provider
<b>Tobacco use/cessation interventions</b> .....	All adults
<b>Tuberculin test</b> .....	Per provider
<b>Vision screening</b> .....	Ages: 12, Other • Ages: per provider



# Preventive Health Coverage

## ▶ Ages 22 and older Page 1 of 2

### Wellness exams and immunizations

<b>Well-baby/well-child/well-person exams</b> .....	Periodic visits, depending on age includes height, weight, head circumference, BMI, history, anticipatory guidance, education regarding risk reduction, psychological/behavioral assessment. Note: There may be member cost sharing for some services dependent on your benefit plan.
<b>Diphtheria, tetanus toxoids and acellular pertussis (DTaP)</b> .....	Tetanus and diphtheria toxoids booster (Td) every 10 years; Tdap given once, ages 11-64
<b>Hepatitis A (HepA)</b> .....	May be required for persons at risk
<b>Hepatitis B (HepB)</b> .....	May be required for persons at risk
<b>Human papillomavirus (HPV): limit 3 per lifetime</b> .....	Catch-up, through age 26
<b>Influenza vaccine</b> .....	Ages 19+ annually
<b>Measles, mumps and rubella (MMR)</b> .....	Rubella for women of childbearing age if not immune
<b>Meningococcal (MCV)</b> .....	Per provider
<b>Men B</b> .....	22-25 per provider
<b>Pneumococcal (pneumonia)</b> .....	Ages 65 and older PCV 13 one dose if not previously vaccinated PPSV 23 one dose at least one year after PCV 13 Revaccination per provider for those with risk factors.
<b>Poliovirus (IPV)</b> .....	Per provider
<b>Varicella (chickenpox)</b> .....	Age 13+: 2 doses if never vaccinated or never had chickenpox
<b>Zoster (Shingles)</b> .....	Ages 50 and older: two doses of recombinant vaccine Ages 60 and older: one dose of live vaccine per provider if can't tolerate recombinant vaccine



# Preventive Health Coverage

## ▶ Ages 22 and older Page 2 of 2

### Health screenings and interventions

<b>Alcohol, Drugs, &amp; Tobacco Assessments</b> .....	All adults per provider
<b>Blood pressure</b> .....	Annually
<b>Cholesterol/lipid disorders</b> .....	Ages 40-75: per provider
<b>Colon cancer screening</b> .....	The following tests will be covered for colorectal cancer screening, ages 45 -85 (or at any age if risk factors): 1. Fecal occult blood test (FOBT) or fecal immunochemical test (FIT) annually 2. Flexible sigmoidoscopy every 5 years 3. Colonoscopy every 10 years
<b>Depression screening</b> .....	Per provider
<b>Diabetes care: includes HbA1c screening, LDL-C screening and nephropathy screening</b> .....	Per provider
<b>Diabetes screening</b> .....	Ages 40-70 who are overweight or obese
<b>Lung Cancer Screening with Low Dose Computerized Tomography (LDCT)</b> .....	Adults Aged 55-80, with a 30 pack year history of smoking, are currently smoking or quit within the past 15 years. Stop screening once smoke-free for 15 years.
<b>Hemoglobin or hematocrit</b> .....	Per provider
<b>Hepatitis B Screening</b> .....	Per provider
<b>Hepatitis C Screening</b> .....	Per provider
<b>HIV Screening</b> .....	Per provider
<b>Labs - BMP, CMP, TSH, CBC</b> .....	Per provider
<b>Nutrition counseling</b> .....	Adults with hyperlipidemia, those at risk for cardiovascular disease or diet-related chronic disease per provider
<b>Obesity screening and counseling</b> .....	Per provider
<b>Prostate cancer screening (PSA)</b> .....	Men Ages 55-69: per provider
<b>Sexually transmitted infections (STI)</b> .....	Per provider
<b>Syphilis Screening</b> .....	Per provider
<b>Tobacco use/cessation interventions</b> .....	All adults
<b>Tuberculin test</b> .....	Per provider
<b>Ultrasound aortic abdominal aneurysm screening</b> .....	Men ages 65-75 who have ever smoked; limited to one per lifetime





# Preventive Health Coverage

## ▶ Women's Health Page 1 of 2

### Health screenings and interventions

<b>Anemia screening</b> .....	Pregnant women
<b>Bacteriuria screening</b> .....	Pregnant women in the 12th-16th week of gestation or during the first prenatal visit, if such a visit is later than the 12th-16th week period
<b>Breast cancer screening (mammogram)</b> .....	Age 40+: up to annually, per provider (HRSA)
<b>Breastfeeding promotion</b> .....	During pregnancy and after birth
<b>Breastfeeding support, supplies and counseling</b> .....	Provide interventions during pregnancy and after birth to support breastfeeding, including rental costs for breastfeeding equipment.
<b>Cervical cancer screening</b> .....	Ages 21-65: Pap Test (Cytology) every 3 years or Ages 30-65: High Risk Human Papilloma Virus (hrhpv) DNA Testing with or without Pap Test (Cytology) every 5 years or Age 30+ with normal cytology, hrhpv DNA Testing every 3+ years (HRSA)
<b>Chlamydia screening</b> .....	Sexually active women ages 24 or younger, and older women per provider based on risk
<b>Contraceptive Methods &amp; Counseling</b> .....	All FDA approved methods and sterilizations procedures, and patient education per provider
<b>Culture for Group B strep</b> .....	Pregnant women
<b>Discussion/referral for counseling related to BRCA1/BRCA2 test</b> .....	Women at risk
<b>Discussion about potential benefits/risk of breast cancer preventive medication</b> .....	Women at risk
<b>Domestic Violence Screening &amp; Counseling</b> .....	Per provider



# Preventive Health Coverage

## ▶ Women’s Health Page 2 of 2

### Health screenings and interventions

<b>Folic acid supplementation: a written or oral prescription must be provided by a provider and presented to a preferred pharmacy or preferred mail order pharmacy for coverage by the plan</b> .....	Women planning or capable of pregnancy
<b>Gestational diabetes screening</b> .....	Pregnant women between 24 and 28 weeks of pregnancy and at the first prenatal visit for women at high risk
<b>Gonorrhea screening</b> .....	Sexually active women ages 24 and younger, and older women per provider based on risk
<b>Hepatitis B screening</b> .....	Pregnant women at first prenatal visit
<b>HIV Screening</b> .....	All pregnant women and annually for all sexually active women
<b>HIV counseling</b> .....	Annually for all sexually active women
<b>Osteoporosis (bone density) screening</b> .....	Age 65 and older and Age under 65 with increased risk of osteoporosis based on formal clinical risk assessment tool.
<b>Rh incompatibility test</b> .....	Rh (D) blood typing and antibody testing for all pregnant women during the first prenatal visit and a repeated Rh (D) antibody testing for all unsensitized Rh (D)-negative women at 24-28 weeks of gestation, as required
<b>Syphilis screening</b> .....	Pregnant women and women at risk
<b>Tobacco use/cessation interventions</b> .....	Pregnant women and other tobacco users
<b>Urine tests</b> .....	Pregnant women
<b>Vitamins and supplements</b> .....	Pregnant women
<b>Wellness</b> .....	Annual