

Northern Light Health

# Benefits Communication



Now covering all treatment related to COVID-19 at 100% of the allowed costs for our Employee Health Plan members.

During uncertain times, Northern Light Health continues to respond to the changing benefit needs for our plan members. Through the national emergency period, the Health Plan will cover 100% of the allowed costs (no copays or deductibles will apply) for Plan members associated with COVID-19. **This includes services, testing, and treatment.**

We thank you for being on the frontlines and for your flexibility in this ever changing time. Together, our amazing Northern Light Health Team can accomplish anything!

## Also... for your wellbeing

Starting today, April 6, 2020, online Zoom Wellness classes have been added to the COVID-19 intranet page as a resource for all employees. The schedule is located under the [Employee Support Tab](#). Under this tab is two weeks' worth of content and classes. We are working with the information systems team to have recordings of each of these classes available at any time to make access even easier.

On this page, you can participate in great offerings for your mental and physical help, yoga, support groups, importance of self-care, along with other offerings to all Northern Light Health Employees. Please continue to check back to this page as information and classes will be updated regularly.

<https://covid.northernlighthealth.org/Employee-Support.aspx>

## Northern Light Health HR Service Center

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